

Pilgrimage Walks at St. Davids Cathedral



Special Pilgrimage Walks

*Date: Monday 22nd July &
Monday 19th August 2-5pm*

For hundreds of years pilgrims have been making their way to this holy place. Spend an afternoon to gain a new perspective on life as you walk either one of two short guided pilgrimages (St Non's, 2 miles or Porthclais, 4 miles). Your pilgrimage guides will pause with you for stories and reflections en route. Or you can take a reflective walk around the Cathedral (with a leaflet to guide you), with an opportunity to participate in a time of guided quiet meditation in the Lady Chapel. The Labyrinth will also be available for use. The afternoon will culminate in a pilgrimage service at 4.30pm.

Meeting point: *Inside the main doors of the Cathedral.*



Friday Pilgrimage

*Date: Jul 26th – Aug 30th Every Friday
10.30am – 12.30pm*

Visit the birthplace of St. David, hear stories and reflections and view the ancient ruins as you walk a route from the coast path to the Cathedral. This is a short, guided walk (1½ miles) taking the field route to St. Non's Chapel ruins and Well before returning to the city via Pigsfoot Lane and on to the Cathedral.

We finish our journey at the Cathedral where you may like to stay for prayers at the Shrine of St David at 12 noon. Come along and experience prayer and reflection through the traditional and ancient Christian practice of pilgrimage.

Meeting Point: *Oriel y Parc Gallery and Information Centre*



*For more information or to book a place, contact
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