



EGLWYS GADEIRIOL TYDDEWI

ST DAVIDS CATHEDRAL

Croesawu ymwelwyr fel pererinion
Welcoming Visitors as Pilgrims

CYLCHLYTHYR WYTHNOSOL
11 - 18 Chwefror 2024

WEEKLY NEWSLETTER
11 - 18 February 2024

GWASANAETHAU Y SUL *o dudalen 3*
Sul o flaen y Grawys

SUNDAY SERVICES *from page 3*
The Sunday before Lent

CROSEO I EGLWYS GADEIRIOL TYDDEWI

WELCOME TO ST DAVIDS CATHEDRAL

Worship has been offered on this site since Dewi founded his monastery almost 1500 years ago. Today, you stand as thousands have before where our Patron Saint once stood, a place of deep significance to pilgrims and parish alike. We very much hope you can share in the beauty of this place, whether that be through participating in worship, listening to the wonderful sounds of our choirs and organ, or simply allowing the splendour of the building to wash over you as you walk around.

PASTORAL SUPPORT

We are a place of worship, and therefore a place where all can come for support and guidance, regardless of one's faith. The Cathedral Clergy are always pleased to provide pastoral support and advice to people whenever they can.

If you require a pastoral visit, please speak directly to a member of the clergy, or one of the Cathedral Chaplains on duty; however, all clergy can be contacted via the Cathedral office on 01437 720202 or via email info@stdavidscathedral.org.uk

Urgent Support: If you are worried about someone and you think that they require pastoral care, please speak to Canon Sheridan, Reverend Gill or any of the other clergy and/or email canonpastor@stdavidscathedral.org.uk. Please don't assume that we are already aware of the situation – even in a small community people can get missed – so please do let us know.

ACCESSIBILITY



A hearing loop is installed in the Nave and Quire – please switch your hearing aid to the T position



A larger print version of this leaflet is available – please ask

CEFNOGAETH/SUPPORT

Every year, the Cathedral has to find £1M to look after the Cathedral and its grounds and offer the level of excellence and beauty that makes it such a well-loved and cherished place. We rely heavily on donations, and every pound really counts.

How you can support our work:

- 1 Scan the QR code to make a donation on your phone.
Please tick the GiftAid box if you are a UK taxpayer.
- 2 Tap the contactless donation point at the Welcome Desk, using your card or phone. Our welcomers will be able to assist you.
- 3 Cash or cheque donations can be placed in the donation box by the Welcome Desk. Please use the GiftAid envelopes provided.
- 4 Contact us on 01437 720202 or email info@stdavidscathedral.org.uk for a discussion in confidence if you are interested in leaving the Cathedral a legacy in your will.



By making a donation today, you are helping to safeguard this place of worship and pilgrimage for the next generation.
Diolch yn Fawr - Thank You.

TODAY'S SERVICES

Dydd Sul 11 Chwefror – Sul o flaen y Grawys
Sunday 11 February – The Sunday before Lent

- | | |
|-------|---|
| 8.00 | Holy Eucharist <i>High Altar</i>
<i>President: The Dean</i> |
| 11.00 | Choral Eucharist <i>Quire</i>
<i>President & Preacher: The Dean</i> |
| 4.00 | Choral Evensong with the Installation of the Archdeacon of Carmarthen <i>Nave</i>
<i>Preacher: The Lord Bishop of St Davids</i> |

Full details of the music sung at choral services can be found on the music list on the back page

COLLECTS, READINGS AND HYMNS FOR THE EUCHARIST

Collect

Almighty Father, whose Son was revealed in majesty before he suffered death upon the cross. Give us grace to perceive his glory, that we may be strengthened to suffer with him and be changed into his likeness, from glory to glory; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Colect

Hollalluog Dad, y datguddiwyd dy Fab mewn mawredd cyn iddo ddioddef angau ar y groes: dyro inni ras i ganfod ei ogoniant, fel y cawn ein cryfhau i ddioddef gydag ef a'n newid o ogoniant i ogoniant i fod yn debyg iddo ef; sy'n fyw ac yn teyrnasu gyda thi yn undod yr Ysbryd Glân, yn un Duw, yn awr a hyd byth. **Amen.**

2 Kings 2. 1-12

Now when the Lord was about to take Elijah up to heaven by a whirlwind, Elijah and Elisha were on their way from Gilgal. Elijah said to Elisha, 'Stay here; for the Lord has sent me as far as Bethel.' But Elisha said, 'As the Lord lives, and as you yourself live, I will not leave you.' So they went down to Bethel. The company of prophets who were in Bethel came out to Elisha, and said to him, 'Do you know that today the Lord will take your master away from you?' And he said, 'Yes, I know; keep silent.' Elijah said to him, 'Elisha, stay here; for the Lord has sent me to Jericho.' But he said, 'As the Lord lives, and as you yourself live, I will not leave you.' So they came to Jericho. The company of prophets who were at Jericho drew near to Elisha, and said to him, 'Do you know that today the Lord will take your master away from you?' And he answered, 'Yes, I know; be silent.' Then Elijah said to him, 'Stay here; for the Lord has sent me to the Jordan.' But he said, 'As the Lord lives, and as you yourself live, I will not leave you.' So the two of them went on. Fifty men of the company of prophets also went, and stood at some distance from them, as they both were standing by the Jordan. Then Elijah took his mantle and rolled it up, and struck the water; the water was parted to the one side and to the other, until the two of them crossed on dry ground. When they had crossed, Elijah said to Elisha, 'Tell me what I may do for you, before I am taken from you.' Elisha said, 'Please let me inherit a double share of your spirit.' He responded, 'You have asked a hard thing; yet, if you see me as I am being taken from you, it will be granted you; if not, it will not.' As they continued walking and talking, a chariot of fire and horses of fire separated the two of them, and Elijah ascended in a whirlwind into heaven. Elisha kept watching and crying out, 'Father, father! The chariots of Israel and its horsemen!' But when he could no longer see him, he grasped his own clothes and tore them in two pieces.

2 Brenhinoedd 2. 1-12

Pan oedd yr Arglwydd ar fedr cymryd Elias i'r nefoedd mewn corwynt, aeth Elias ac Eliseus allan o Gilgal. A dywedodd Elias wrth Eliseus, "Aros di yma, oherwydd y mae'r Arglwydd yn f'anfon i Fethel." Dywedodd Eliseus, "Cyn wired â bod yr Arglwydd yn fyw, a thithau, ni'th adawaf." Felly aethant i Fethel. Daeth y proffwydi oedd ym Methel at Eliseus a dweud wrtho, "A wyddost ti fod yr Arglwydd am gymryd dy feistr oddi arnat heddiw?" "Gwn yn iawn," meddai yntau, "peidiwch â dweud." Dywedodd Elias wrtho, "Eliseus, aros di yma, oherwydd y mae'r Arglwydd yn f'anfon i

Jericho." Dywedodd yntau, "Cyn wired â bod yr Arglwydd yn fyw, a thithau, ni'th adawaf." Felly aethant i Jericho. Daeth y proffwydi oedd yn Jericho at Eliseus a dweud wrtho, "A wyddost ti fod yr Arglwydd am gymryd dy feistr oddi arnat heddiw?" "Gwn yn iawn," meddai yntau, "peidiwch â dweud." Dywedodd Elias wrtho, "Aros di yma oherwydd y mae'r Arglwydd yn f'anfon at yr Iorrdonen." Dywedodd yntau, "Cyn wired â bod yr Arglwydd yn fyw, a thithau, ni'th adawaf." Felly aethant ill dau. Ac yr oedd hanner cant o broffwydi wedi dod ac aros gyferbyn â hwy o hirbell tra oeddent hwy ill dau yn sefyll ar lan yr Iorrdonen. Cymerodd Elias ei fantell a'i rholio a tharo'r dŵr. Ymrannodd y dŵr i'r ddeutu, a chrosodd y ddau ar dir sych. Wedi iddynt groesi, dywedodd Elias wrth Eliseus, "Gofyn! Beth a wnafti iti cyn fy nghymryd oddi wrthyf?" Atebodd Eliseus, "Rhodder imi gyfran ddwbl o'th ysbryd." Dywedodd Elias, "Gwnaethost gais anodd. Os gweli fi yn cael fy nghymryd oddi wrthyf, fe gei hyn; ond os na weli, ni chei." Ac fel yr oeddent yn mynd, dan siarad, dyma gerbyd tanllyd a meirch tanllyd yn eu gwahanu ill dau, ac Elias yn esgyn mewn corwynt i'r nef. Ac yr oedd Eliseus yn syllu ac yn gweiddi, "Fy nhad, fy nhad; cerbyd a marchogion Israel!" Ni welodd ef wedyn, a chydiodd yn ei wisg a'i rhwygo'n ddau.

2 Corinthians 4. 3-6

And even if our gospel is veiled, it is veiled to those who are perishing. In their case the god of this world has blinded the minds of the unbelievers, to keep them from seeing the light of the gospel of the glory of Christ, who is the image of God. For we do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. For it is the God who said, 'Let light shine out of darkness', who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

2 Corinthiaid 4. 3-6

Os yw'n hefengyl ni dan orchudd, yn achos y rhai sydd ar lwybr colledigaeth y mae hi felly - yr anghredinwyr y dallodd duw'r oes bresennol eu meddyliau, rhag iddynt weld goleuni Efengyl gogoniant Crist, delw Duw. Nid ein pregethu ein hunain yr ydym, ond Iesu Grist yn Arglwydd, a ninnau yn weision i chwi er mwyn Iesu. Oherwydd y Duw a ddywedodd, "Llewyrched goleuni o'r tywyllwch", a lewyrchodd yn ein calonnau i roi i ni oleuni'r wybodaeth am ogoniant Duw yn wyneb Iesu Grist.

Psalm 50. 1-6

The Lord, the most mighty God, has spoken: and called the world from the rising of the sun to its setting.

Out of Zion, perfect in beauty, God shines forth: our God comes and will not keep silence.

Consuming fire goes out before him: and a mighty tempest stirs about him.

He calls the heaven above: and the earth, that he may judge his people:

'Gather to me my faithful: who have sealed my covenant with sacrifice.

Let the heavens declare his righteousness: for God himself is judge.

Salm 50. 1-6

Duw y duwiau, yr Arglwydd a lefarodd: galwodd y ddaear o godiad haul hyd ei fachlud.

O Seion, berffaith ei phrydferthwch: y lle-wyrcha Duw.

Fe ddaw ein Duw, ac ni fydd ddistaw: bydd tân yn ysu o'i flaen a thymestl fawr o'i gwmpas.

Y mae'n galw ar y nefoedd uchod: ac ar y ddaear, er mwyn barnu ei bobl:

"Casglwch ataf fy ffyddloniaid: a wnaeth gyfamod â mi trwy aberth."

Bydd y nefoedd yn cyhoeddi ei gyfiawnder: oherwydd Duw ei hun sydd farnwr.

Mark 9. 2-9

Six days later, Jesus took with him Peter and James and John, and led them up a high mountain apart, by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no one on earth could bleach them. And there appeared to them Elijah with Moses, who were talking with Jesus. Then Peter said to Jesus, 'Rabbi, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah.' He did not know what to say, for they were terrified. Then a cloud overshadowed them, and from the cloud there came a voice, 'This is my Son, the Beloved: listen to him!' Suddenly when they looked around, they saw no one with them anymore, but only Jesus. As they were coming down the mountain, he ordered them to tell no one about what they had seen, until after the Son of Man had risen from the dead.

Marc 9. 2-9

Ymhen chwe diwrnod dyma Iesu'n cymryd Pedr ac Iago ac Ioan ac yn mynd â hwy i fynydd uchel o'r neilltu ar eu pennau eu hunain. A gweddnewidiwyd ef yn eu gŵydd hwy, ac aeth ei ddillad i ddisgleirio'n glaerwyn, y modd na allai unrhyw bannwr ar y ddaear eu gwynnu. Ymddangosodd Elias iddynt ynghyd â Moses; ymddiddan yr oeddent â Iesu. A dywedodd Pedr wrth Iesu, "Rabbi, y mae'n dda ein bod ni yma; gwnawn dair pabell, un i ti ac un i Moses ac un i Elias." Oherwydd ni wyddai beth i'w ddweud; yr oeddent wedi dychryn cymaint. A daeth cwmwl yn cysgodi drostynt; a dyma lais o'r cwmwl, "Hwn yw fy Mab, yr Anwylyd; gwrandewch arno." Ac yn ddisymwth, pan edrychasant o amgylch, ni welsant neb mwyach ond Iesu yn unig gyda hwy. Wrth iddynt ddod i lawr o'r mynydd rhoddodd orchymyn iddynt beidio â dweud wrth neb am y pethau a welsant, nes y byddai Mab y Dyn wedi atgyfodi oddi wrth y meirw.

Processional Hymn

'Tis good, Lord, to be here!
Thy glory fills the night;
Thy face and garments, like the sun,
Shine with unborrowed light.

2 'Tis good, Lord, to be here,
Thy beauty to behold,
Where Moses and Elijah stand,
Thy messengers of old.

3 Fulfiller of the past,
Promise of things to be,
We hail thy Body glorified,
And our redemption see.

4 Before we taste of death,
We see thy kingdom come;
We fain would hold the vision bright,
And make this hill our home.

5 'Tis good, Lord, to be here!
Yet we may not remain;
But since you bidst us leave the mount
Come with us to the plain.

Offertory Hymn

Christ is the world's true light,
its Captain of salvation,
the Daystar shining bright
of every land and nation;
new life, new hope awakes,
for all who own his sway:
freedom her bondage breaks,
and night is turned to day.

In Christ all races meet,
their ancient feuds forgetting,
the whole round world complete,
from sunrise to its setting:
when Christ is throned as Lord,
all shall forsake their fear,
to plough-share beat the sword,
to pruning hook the spear.

One Lord, in one great name
unite us all who own thee;
cast out our pride and shame
that hinder to enthrone thee;
the world has waited long,
has travailed long in pain;
to heal its ancient wrong,
come, Prince of Peace, and reign.

Recessional Hymn

Come down, O Love divine,
Seek thou this soul of mine,
And visit it with thine own ardour glowing;
O Comforter, draw near,
Within my heart appear,
And kindle it, thy holy flame bestowing.

O let it freely burn,
Till earthly passions turn
To dust and ashes in its heat consuming;
And let thy glorious light
Shine ever on my sight,
And clothe me round, the while my path illuming.

Let holy charity
Mine outward vesture be,
And lowliness become mine inner clothing;
True lowliness of heart,
Which takes the humbler part,
And o'er its own shortcomings weeps with loathing.

Continued Overleaf

And so the yearning strong,
With which the soul will long,
Shall far outpass the power of human telling;
For none can guess its grace,
Till it become the place
Wherein the Holy Spirit makes his dwelling.

CATHEDRAL NOTICES

Parish & Community Life

Cathedral Coffee Shop - The Cathedral Coffee Shop, run by MamGu Welsh Cakes, opened on Monday 5th February! Open from 9.30am to 4pm every day of the week, come and enjoy light bites (including breakfast to 11:30 every day), hot and cold drinks, MamGu's famously fabulous freshly made Welsh cakes and more. MamGu can also cater for special events – birthdays, celebrations etc. Just call in and talk through your needs with the MamGu team. All of us at the Cathedral give a warm welcome to MamGu and wish them well.

Thanks for Christmas donation - 'Friends of the Holy Land would like to thank all Church Wardens/parishioners who raised £1,016.43 through their cathedral collections on Christmas Eve, for Christians in the Holy Land. Conditions continue to be extremely challenging. Please continue to remember FHL and those we support in your prayers.'

Erw Dewi/Dewi's Acre Cathedral Community Garden

Bird sightings increase! With our bird feeders topped up again in the garden we have a friendly selection of small garden birds like Blue tits, Great tits and robins feasting off them. Do pop over and see them all. Everyone welcome. Join us in the Cathedral Community Garden (behind the Cathedral in The Close) for the next volunteer session **Wednesday 14th February, between 10am-12pm**. For details Email: hello@dewisacre.org.uk or Tel: 01437 729151.

Quiet Day: 'In the Wilderness' Friday 16th February 10am – 4pm St Davids Cathedral

The exhibition, *Crying in the Silicon Wilderness*, by Romola Parish is with us at the Cathedral from Ash Wednesday until 31st March. The fourteen embroidered 'icons' are based on the theme of brokenness and restoration. We will be using these icons as a basis for our thoughts and reflections for the Quiet Day and they will help us begin our journey through Lent. To book please contact **Janet Ingram** (contact details below in 'Education and Pilgrimage')

Community Tea & Chat Wednesday 21st February; 3-4.30pm

Time to meet up during the week for chat and a cuppa. During Lent we will be sharing conversation around thoughts and reflections from Tom Wright's online videos, **People of Promise**. We meet at Tŷ'r Pererin and everyone is welcome.

Wednesday Midweek Holy Communion – 10am, Lady Chapel. Intimate, friendly service, followed by hot drinks and biscuits. All Welcome.

Flower Guild Needs New Volunteers - The St Davids Cathedral Flower Guild is seeking new volunteers, to help with the flower arranging in the Cathedral. The Flower Guild's work greatly enhances the beauty of our Cathedral, so if you might be interested in helping to arrange flowers throughout the year, then please get in touch! Please contact Moira Philips by emailing flowerguild@stdavidscathedral.org.uk for more details.

Volunteers needed: The Cathedral would love to build up its team of welcomers and sides people. Are you interested in helping? Would you like to talk to someone about it? If yes, have a chat with Moira Phillips or Richard Hayward and they will point you in the right direction. You don't have to make a weekly commitment – it could be fortnightly or monthly, but we'd love some more hands on deck.

Food Bank - The Cathedral continues to support the local food bank by having a donation point near the shop at the rear of the nave. Any non-perishable food donations are always welcome and special requests will be noted at the donation point. Ian will now collect the Cathedral's contributions regularly once a month. The Cost of Living crisis continues to affect many people, so please give as much as you are able. Many thanks.

Lent Course 2024

Whether we're a bible geek or just a novice, whether we've been a Christian for years, or just starting out, most of us could do with finding ways to refresh our engagement with the Bible. So, for 5 Tuesdays in Lent, we plan to delve into a fascinating book called, "*How to eat bread – 21 nourishing ways to read the bible*" by Miranda Threlfall-Holmes. This practical, accessible, intellectually and spiritually refreshing book will help you to engage with and increase your understanding of this ancient library of texts.

Over the course of 5 weeks, through reading, discussion and good refreshments, all of us as a group will find new and interesting ways to engage with scripture.

There are two ways to engage with this Lent Course:

1. **Lent Daytime Course:** Weekly on Tuesdays afternoons in Lent. Meet at 1.50pm at the Cathedral Welcome Desk for a 2pm start. Class will last 90 mins. First session Tuesday 20th Feb, Final Session 19th March.
2. **Lent Evening Book Group** – Wednesday 20th March, 7.30pm at the Archdeaconry, The Close, St Davids. This is a **one night only** discussion of the book. To take part in this group you need to independently read the book (the first third). You will be sent 4 questions to think about before you come to the Book Group. You must sign up via email to attend this canonpastor@stdavidscathedral.org.uk or speak to her directly to get the questions and more information.

You need to purchase a copy of the book (available in the Nave bookshop or on Amazon) to really make the best of the course.

For more information speak to Canon Sheridan or email her on canonpastor@stdavidscathedral.org.uk. Giving her advance warning that you are planning on coming to the group would be super helpful.

Everyone is welcome.

Library

For enquiries email: library@stdavidscathedral.org.uk

Cathedral Library - The Cathedral Library is open to the public on Fridays and Mondays 2pm to 4pm. No bookings needed. The Library is reached via a spiral medieval stone staircase adjacent to the Shrine of St David in the north presbytery aisle.

Cathedral Treasury - On public display in the Cathedral Treasury are rare artefacts and communion ware from the medieval, Tudor, Stuart and later periods. In the Library cases is one of the Cathedral's copies of the 404-year-old Welsh Bible from 1620 with its original wooden covers. Proceeds from the Donation Box go towards conservation and care of the Cathedral's Collection of Rare Books and artefacts.

Tour of Rarely Seen Parts of the Cathedral - The next Tours in this series will be held during half term on Tuesday 13th February, 2pm-3.30pm and Tuesday 20th February 2pm-3.30pm. Tickets can be booked for £10 in the Cathedral nave shop or online via EventBrite [Tour of Rarely Seen parts of St Davids Cathedral Tickets, Multiple Dates | Eventbrite](#)

Thrice to Rome - Saturday 23rd March. 2pm - Dramatisation, in his own words, of Gerald of Wales' three attempts, between 1200 and 1203, in the Papal Court in Rome, to support of his election as Bishop of St Davids, which was opposed by Norman/English Kings, and for the metropolitan status of St Davids independent of Canterbury. Many of the issues are familiar to us in Wales 800 years later. Performed on the anniversary of the day Gerald was in the Cathedral in 1188 as part of his journey around Wales, recruiting for the 3rd crusade.

Tickets available in the nave shop or on EventBrite [Thrice to Rome Tickets, Sat 23 Mar 2024 at 14:00 | Eventbrite](#)

Printer Cartridges – Your 21st century printing can support the care of our 16th century printed books in the Cathedral Library, at no cost to you. We receive payments for ink jet cartridges that we send to be recycled. There is a green collection box on the window sill in the Cathedral's north porch, so please bring your ink jet cartridges in and pop them in the box. Many thanks.

Education & Pilgrimage

For enquiries contact Janet Ingram: education@stdavidscathedral.org.uk

Tel: 01437 721591

Family Activities Monday 12th February 11-12.30pm & 1.30-3pm

Take a walk around the cathedral with the Education Officer during one of our **Cathedral Explorer Sessions**. You will be guided around the cathedral with activities for you to write, draw, record, explore, pray and create. **You will receive an activity bag with:**

Explorer Passport; set of postcards to colour; pencil; votive candle; tracing paper AND some toys especially for you! (suitable for 5-11 year olds) Spaces limited, book now to avoid disappointment or on the day at the Welcome Desk.

Family Activities Wednesday 14th Feb, 2-3pm

Did you know that Ash Wednesday is on Valentine's Day this year? Well, there's a mash-up celebration going on in the garden for young families to join. It involves collecting sticks, watching the fire burn whilst you have a story and making ash/mud pie pictures to take away! You'll find us in the Cathedral Close (behind cathedral) Spaces will be limited so book now to avoid disappointment.

Dydd Gŵyl Dewi 'Find the Little Things' Saturday 2nd & Sunday 3rd March

An adventure for all ages through the City to the Cathedral. Pick up your Pilgrim Pass containing the clues from Oriol-y-Parc Information Centre and begin the treasure hunt along the High Street. Once you have collected all the 'little things' make your way to the Cathedral and St. David's Shrine will reveal its story!

Pilgrim Prayers at the Shrine of St David, every Friday at noon and also live-streamed on YouTube and Facebook. After the short service there is an opportunity for prayers for healing and wholeness and anointing with holy oil. If you are on pilgrimage or visiting St Davids Cathedral, do come along and meet other pilgrims and visitors.



Tŷr Pererin

Croesawu ymwelwyr fel pererinion
Welcoming visitors as pilgrims

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(with tea & coffee making facilities)
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Day rate: £100 (9am – 5pm)

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EGLWYS GADEIRIOL TYDDEU
ST DAVIDS CATHEDRAL

11 The Sunday before Lent Transfiguration Sunday	8.00 Holy Eucharist <i>High Altar</i> 9.30 Parish Communion <i>Lady Chapel</i> Preacher: The Canon Pastor 11.00 Choral Eucharist <i>Nave</i> <i>Sung by the Vicars Choral and Choral Scholars</i> If ye love me <i>Tallis</i> Psalm: 50. 1-6 Missa 'Je suis déshéritée' <i>Palestrina</i> Sicut Cervus <i>Palestrina</i> Preacher: The Canon in Residence Hymns: 178, 494 (t. 413), 137 Responses: <i>Leighton</i>	4.00 Choral Evensong and Installation of The Archdeacon of Carmarthen <i>Nave</i> <i>Sung by the Cathedral Choir</i> O nata lux <i>Tallis</i> Psalm: 2 Sumsion in G For lo, I raise up <i>Stanford</i> Preacher: The Bishop of St Davids Hymns: <i>See order of service</i> Paean <i>Howells</i>
12 Monday	8.00 Morning Prayer & Holy Eucharist <i>Lady Chapel</i>	4.00 Said Evening Prayer <i>St Thomas Becket Chapel</i>
13 Tuesday	8.00 Morning Prayer & Holy Eucharist <i>Holy Trinity Chapel</i>	4.00 Orthodox Vespers <i>The Shrine</i>
14 Wednesday ASH WEDNESDAY	8.00 Morning Prayer & Holy Eucharist <i>Quire & High Altar</i> 10.00 Eucharist with Imposition of Ashes & Address <i>Lady Chapel</i>	6.00 Choral Eucharist with Imposition of Ashes <i>Quire & High Altar</i> <i>Sung by St Davids Consort</i> A Lent Prose Psalm: 51. 1-17 Nolo mortem peccatoris <i>Morley</i> Sumsion in F Wash me thoroughly <i>Wesley</i> Preacher: The Precentor Hymns: 67, 333, 76
15 Thursday	8.00 Morning Prayer & Holy Eucharist <i>Holy Trinity Chapel</i> 10.00 Contemplative Prayer <i>Lady Chapel</i>	4.00 Said Evening Prayer <i>Lady Chapel</i>
16 Friday	8.00 Morning Prayer & Holy Eucharist <i>Lady Chapel</i> 12.00 Pilgrim Prayers at the Shrine of St David	4.00 Said Evening Prayer <i>Lady Chapel</i>
17 Saturday	8.00 Morning Prayer & Holy Eucharist <i>St Thomas Becket Chapel</i>	4.00 Said Evening Prayer <i>Lady Chapel</i>
18 The First Sunday in Lent	8.00 Holy Eucharist <i>High Altar</i> 9.30 Parish Communion <i>Lady Chapel</i> Preacher: The Canon Pastor 11.00 Sung Eucharist with Cantor <i>Quire</i> <i>Sung by Christopher Limbert, Vicar Choral</i> Psalm: 25. 1-10 Missa 'In Simplicitate' <i>Langlais</i> Preacher: The Canon in Residence Hymns: 64, 83, 445	4.00 Organ Evensong <i>Quire</i> <i>The office of Evening Prayer interspersed with organ meditations and hymns, played by Laurence John, Assistant Director of Music,</i>