



EGLWYS GADEIRIOL TYDDEWI

ST DAVIDS CATHEDRAL

Croesawu ymwelwyr fel pererinion
Welcoming Visitors as Pilgrims

CYLCHLYTHYR WYTHNOSOL
15 - 22 Medi 2024

WEEKLY NEWSLETTER
15 - 22 September 2024

GWASANAETHAU Y SUL *o dudalen 3*
Yr Unfed Sul ar Bymtheg wedi'r Drindod

SUNDAY SERVICES *from page 3*
The Sixteenth Sunday after Trinity

CROSEO I EGLWYS GADEIRIOL TYDDEWI

WELCOME TO ST DAVIDS CATHEDRAL

Worship has been offered on this site since Dewi founded his monastery almost 1500 years ago. Today, you stand as thousands have before where our Patron Saint once stood, a place of deep significance to pilgrims and parish alike. We very much hope you can share in the beauty of this place, whether that be through participating in worship, listening to the wonderful sounds of our choirs and organ, or simply allowing the splendour of the building to wash over you as you walk around.

PASTORAL SUPPORT

We are a place of worship, and therefore a place where all can come for support and guidance, regardless of one's faith. The Cathedral Clergy are always pleased to provide pastoral support and advice to people whenever they can.

If you require a pastoral visit, please speak directly to a member of the clergy, or one of the Cathedral Chaplains on duty; however, all clergy can be contacted via the Cathedral office on 01437 720202 or via email info@stdavidscathedral.org.uk

Urgent Support: If you are worried about someone and you think that they require pastoral care, please speak to Canon Sheridan or any of the other clergy and/or email canonpastor@stdavidscathedral.org.uk. Please don't assume that we are already aware of the situation – even in a small community people can get missed – so please do let us know.

ACCESSIBILITY



A hearing loop is installed in the Nave and Quire – please switch your hearing aid to the T position



A larger print version of this leaflet is available – please ask

CEFNOGAETH/SUPPORT

Every year, the Cathedral has to find £1M to look after the Cathedral and its grounds and offer the level of excellence and beauty that makes it such a well-loved and cherished place. We rely heavily on donations, and every pound really counts.

How you can support our work:

- 1 Scan the QR code to make a donation on your phone.
Please tick the GiftAid box if you are a UK taxpayer.
- 2 Tap the contactless donation point at the Welcome Desk, using your card or phone. Our welcomers will be able to assist you.
- 3 Cash or cheque donations can be placed in the donation box by the Welcome Desk. Please use the GiftAid envelopes provided.
- 4 Contact us on 01437 720202 or email info@stdavidscathedral.org.uk for a discussion in confidence if you are interested in leaving the Cathedral a legacy in your will.



By making a donation today, you are helping to safeguard this place of worship and pilgrimage for the next generation.
Diolch yn Fawr - Thank You.

Dydd Sul 15 Medi – Yr Unfed Sul a’r Bymtheg wedi’r Drindod Sunday 15 Medi – The Sixteenth Sunday after Trinity

- 8.00 **Holy Eucharist** *High Altar*
- 9.30 **Parish Communion** *Lady Chapel*
Preacher: The Reverend Canon Andrew Loat
- 11.00 **Festal Choral Eucharist** *Nave*
President & Preacher: The Bishop of St Davids
- 4.00 **Choral Evensong with Licensing of the Bishop’s Chaplain &
Commissioning of Diocesan Officers** *Nave*
Readings: Exodus 18. 13-26 & Matthew 7. 1-14

COLLECTS AND READINGS FOR THE EUCHARIST

Collect

O Lord, we beseech you mercifully to hear the prayers of your people who call upon you; and grant that they may both perceive and know what things they ought to do, and also may have grace and power faithfully to fulfil them; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Colect

O Arglwydd, erfyniwn arnat yn drugarog wrando gweddiau dy bobl sy'n galw arnat; a chaniatâ iddynt ddeall a gwybod y pethau y dylent eu gwneuthur, a chael hefyd ras a gallu i'w cyflanwi'n ffyddlon; trwy Iesu Grist ein Harglwydd, sy'n fyw ac yn teyrnasu gyda thi, yn undod yr Ysbryd Glân, yn un Duw, yn awr ac am byth. **Amen.**

Isaiah 50. 4-9a

The Lord God has given me the tongue of a teacher, that I may know how to sustain the weary with a word. Morning by morning he wakens – wakens my ear to listen as those who are taught. The Lord God has opened my ear, and I was not rebellious, I did not turn backwards. I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting. The Lord God helps me; therefore I have not been disgraced; therefore I have set my face like flint, and I know that I shall not be put to shame; he who vindicates me is near. Who will contend with me? Let us stand up together. Who are my adversaries? Let them confront me. It is the Lord God who helps me; who will declare me guilty?

Eseia 50. 4-9a

Rhoes yr Arglwydd Dduw i mi dafod un yn dysgu, i wybod sut i gynnal y diffygiol â gair; bob bore y mae'n agor fy nghlust i wrando fel un yn dysgu. Agorodd yr Arglwydd Dduw fy nghlust, ac ni wrthwynebais innau, na chilio'n ôl. Rhoddais fy nghefn i'r curwyr, a'm cernau i'r rhai a dynnai'r farf; ni chuddiais fy wyneb rhag gwaradwydd na phoer. Y mae'r Arglwydd Dduw yn fy nghynnal, am hynny ni chaf fy sarhau; felly gosodaf fy wyneb fel callestr, a gwn na'm cywilyddir. Y mae'r hwn sy'n fy nghyfiawnhau wrth law. Pwy a ddadlau i'm herbyn? Gadewch i ni wynebu'n gilydd; pwy a'm gwrthwyneba? Gadewch iddo nesáu ataf. Y mae'r Arglwydd Dduw yn fy nghynnal: pwy a'm condemnia?

Responsorial Psalm (for 11am Eucharist)

Choir: I will walk in the presence of the Lord in the land of the living.

All:



Choir: I love the Lord for he has heard the cry of my appeal;
For he turned his ear to me in the day when i called him.

***All:* I will walk in the presence of the Lord in the land of the living.**

Choir: They surrounded me, the snares of death, with the anguish of the tomb;
They caught me, sorrow and distress. O Lord my God, deliver me!

***All:* I will walk in the presence of the Lord in the land of the living.**

Choir: How gracious is the Lord, and just; our God has compassion.
The Lord protects the simple hearts; I was helpless so he saved me.

***All:* I will walk in the presence of the Lord in the land of the living.**

Choir: He has kept my soul from death, my eyes from tears and my feet from stumbling.
I will walk in the presence of the Lord in the land of the living.

***All:* I will walk in the presence of the Lord in the land of the living.**

James 3. 1-12

Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits. How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue – a restless evil, full of deadly poison. With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both fresh and brackish water? Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh.

Iago 3. 1-12

Fy nghyfeillion, peidiwch â thyrru i fod yn athrawon, oherwydd fe wyddoch y byddwn ni'r athrawon yn cael ein barnu'n llymach. Oherwydd y mae mynych lithriad yn hanes pawb ohonom. Os gall rhywun ymgadw rhag llithro yn ei ymadrodd, dyma un perfffaith, â'r gallu ganddo i ffrwyno ei holl gorff hefyd. Yr ydym yn rhoi'r ffrwyn yng ngenau'r march i'w wneud yn ufudd inni, ac yna gallwn droi ei gorff cyfan. A llongau yr un modd; hyd yn oed os ydynt yn llongau mawr, ac yn cael eu gyrru gan wyntoedd geirwon, gellir eu troi â llyw bychan iawn i ba gyfeiriad bynnag y mae'r peilot yn ei ddymuno. Felly hefyd y mae'r tafod; aelod bychan ydyw, ond y mae'n honni pethau mawr. Ystyriwch fel y mae gwreichionen fechan yn gallu rhoi coedwig fawr ar dân. A tân yw'r tafod; byd o anghyfiawnder ydyw, wedi ei osod ymhlith ein haelodau, yn halogi'r corff i gyd, ac yn rhoi holl gylch ein bodolaeth ar dân wrth iddo ef ei hun gael ei roi ar dân gan uffern. Y mae'r hil ddynol yn gallu rheoli pob math o anifeiliaid ac adar, o ymlusgiaid a physgod; yn wir, y mae wedi eu rheoli. Ond nid oes neb sy'n gallu rheoli'r tafod. Drwg diorffwys yw, yn llawn o wenwyn marwol. Â'r tafod yr ydym yn bendithio'r Arglwydd a'r Tad; â'r tafod hefyd yr ydym yn melltithio'r rhai a luniwyd ar ddelw Duw. o'r un genau y mae bendith a melltith yn dod. Fy nghyfeillion, nid felly y mae pethau i fod. A welir dŵr peraidd a dŵr chwerw yn tarddu o lygad yr un ffynnon? A yw'r pren ffigys, fy nghyfeillion, yn gallu dwyn olifiau, neu'r winwydden ffigys? Nac ydyw, ac ni ddaw dŵr peraidd o ddŵr hallt chwaith.

Psalm 116. 1-9

I love the Lord, for he has heard the voice of my supplication:
because he inclined his ear to me on the day I called to him.
The snares of death encompassed me; the pains of hell took hold of me:
by grief and sorrow was I held.
Then I called upon the name of the Lord: 'O Lord, I beg you, deliver my soul.'
Gracious is the Lord and righteous: our God is full of compassion.
The Lord watches over the simple: I was brought very low – and he saved me.
Turn again to your rest O my soul: for the Lord has been gracious to you.
For you have delivered my soul from death: my eyes from tears and my feet from falling.
I will walk before the Lord: in the land of the living.

Salm 116. 1-9

Yr wyf yn caru'r Arglwydd: am iddo wrando ar lef fy ngweddi,
Am iddo droi ei glust – ataf: y dydd y gwaeddais arno.
Yr oedd clymau angau wedi tynhau amdanaf a gefynnau Sheol wedi fy nal:
a minnau'n dioddef adfyd ac ing.
Yna gelwais ar enw'r Arglwydd: "Yr wyf yn erfyn Arglwydd gwared fi."
Graslon yw'r Arglwydd a chyfiawn: ac y mae ein Duw ni'n tosturio.
Ceidw'r Arglwydd y rhai syml: pan ddarostyngwyd fi fe'm gwaredodd.
Gorffwysa unwaith eto fy enaid: oherwydd bu'r Arglwydd yn hael – wrthyt;

Oherwydd gwardodd fy enaid rhag angau: fy llygaid rhag dagrau fy nhraed rhag baglu. Rhodiaf gerbron yr Arglwydd: yn nhir y rhai – byw.

Mark 8. 27-38

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, 'Who do people say that I am?' And they answered him, 'John the Baptist; and others, Elijah; and still others, one of the prophets.' He asked them, 'But who do you say that I am?' Peter answered him, 'You are the Messiah.' And he sternly ordered them not to tell anyone about him. Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, 'Get behind me, Satan! For you are setting your mind not on divine things but on human things.' He called the crowd with his disciples, and said to them, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.'

Marc 8. 27-38

Aeth Iesu a'i ddisgyblion allan i bentrefi Cesarea Philipi, ac ar y ffordd holodd ei ddisgyblion: "Pwy," meddai wrthynt, "y mae pobl yn dweud ydwyf fi?" Dywedasant hwythau wrtho, "Mae rhai'n dweud Ioan Fedyddiwr, ac eraill Elias, ac eraill drachefn, un o'r proffwydi." Gofynnodd ef iddynt, "A chwithau, pwy meddwch chwi ydwyf fi?" Atebodd Pedr ef, "Ti yw'r Meseia." Rhybuddiodd hwy i beidio â dweud wrth neb amdano. Yna dechreuodd eu dysgu bod yn rhaid i Fab y Dyn ddiodeff llawer, a chael ei wrthod gan yr henuriaid a'r prif offeiriaid a'r ysgrifenyddion, a'i ladd, ac ymhen tridiau atgyfodi. Yr oedd yn llefaru'r gair hwn yn gwbl agored. A chymerodd Pedr ef ato a dechrau ei geryddu. Troes yntau, ac wedi edrych ar ei ddisgyblion ceryddodd Pedr. "Dos ymaith o'm golwg, Satan," meddai, "oherwydd nid ar bethau Duw y mae dy fryd ond ar bethau dynol." Galwodd ato'r dyrfa ynghyd â'i ddisgyblion a dywedodd wrthynt, "Os myn neb ddod ar fy ôl i, rhaid iddo ymwadu ag ef ei hun a chodi ei groes a'm canlyn i. Oherwydd pwy bynnag a fyn gadw ei fywyd, fe'i cyll, ond pwy bynnag a gyll ei fywyd er fy mwyn i a'r Efengyl, fe'i ceidw. Pa elw a gaiff rhywun o ennill yr holl fyd a fforffedu ei fywyd? Oherwydd beth a all rhywun ei roi'n gyfnewid am ei fywyd? Pwy bynnag fydd â chywilydd ohonof fi ac o'm geiriau yn y genhedlaeth annuwiol a phechadurus hon, bydd ar Fab y Dyn hefyd gywilydd ohonynt hwy, pan ddaw yng ngogoniant ei Dad gyda'r angylion sanctaidd."

Processional Hymn

God is here! As we your people
meet to offer praise and prayer,
may we find in fuller measure
what it is in Christ we share.
Here, as in the world around us,
all our varied skills and arts
wait the coming of the Spirit
into open minds and hearts.

2 Here are symbols to remind us
of our lifelong need of grace.
Here are table, font, and pulpit;
here the cross has central place.
Here, in honesty of preaching,
here, in silence, as in speech,
here, in newness and renewal,
God the Spirit comes to each.

3 Here our children find a welcome
in the Shepherd's flock and fold;
here, as bread and wine are taken,
Christ sustains us as of old.
Here the servants of the Servant
seek in worship to explore
what it means in daily living
to believe and to adore.

4 Lord of all, of Church and kingdom,
in an age of change and doubt,
keep us faithful to the gospel;
help us work your purpose out.
Here, in this day's dedication,
all we have to give, receive;
we, who cannot live without you,
we adore you! We believe!

Offertory Hymn

1 Alleluya, sing to Jesus,
His the scepter, his the throne;
Alleluya, his the triumph,
His the victory alone:
Hark the songs of peaceful Sion
Thunder like a mighty flood;
Jesus out of every nation,
Hath redeemed us by his blood.

2 Alleluya, not as orphans
Are we left in sorrow now;
Alleluya, he is near us,
Faith believes, nor questions how;
Though the cloud from sight received him
When the forty days were o'er,
Shall our hearts forget his promise,
'I am with you evermore'?

3 Alleluya, Bread of Angels,
Thou on earth our food, our stay;
Alleluya, here the sinful
Flee to thee from day to day;
Intercessor, Friend of sinners,
Earth's Redeemer, plead for me,
Where the songs of all the sinless
Sweep across the crystal sea.

4 Alleluya, King eternal,
Thee the Lord of lords we own;
Alleluya, born of Mary,
Earth thy footstool, heaven thy throne:
Thou within the veil hast entered,
Robed in flesh, our great High Priest;
Thou on earth both Priest and Victim
In the Eucharistic Feast.

Recessional Hymn

1 Christ is our corner-stone,
On him alone we build;
With his true saints alone
The courts of heaven are filled:
On his great love
Our hopes we place
Of present grace
And joys above.

2 Oh, then with hymns of praise
These hallowed courts shall ring;
Our voices we will raise
The Three in One to sing;
And thus proclaim
In joyful song,
Both loud and long,
That glorious Name.

3 Here may we gain from heaven
The grace which we implore;
And may that grace, once given,
Be with us evermore,
Until that day
When all the blest
To endless rest
Are called away.

CATHEDRAL NOTICES

Parish & Community Life

JOB VACANCY

Cleaner: 12 hours per week, preferably arranged as six hours per day on Thursdays and Fridays. We need another member to join the Cleaning/Caretaking team to take on this permanent role to keep Ty'r Pererin sparkling clean, plus cleaning the public areas of the Cathedral. Pay: £12 per hour.

Please contact Judith Leigh (Chief Operating Officer) on 01436 720202 or email judith@stdavidscathedral.org.uk for more details.

Erw Dewi/Dewi's Acre Cathedral Community Garden

Produce ready to eat now so do go and help yourself, all donations for this to the local food hub. Why not join us for the next volunteer sessions in the Cathedral Community Garden (behind the Cathedral in The Close) *Sat 21st Sept, between 10am-12pm.*

Email: communitygarden@ecodewi.org.uk

Community Tea & Chat *Wed 18th Sept; 3-4.30pm*

Time to meet up during the week for chat and a cuppa and sometimes a bit of craft and reflection. We meet at Ty'r Pererin. Everyone is welcome.

Swper Diolchgarwch-Harvest Supper

Sunday 6th October 5.45pm for drinks, followed by supper @ 6.30pm

@St Davids BUNK BARNs, SA62 6QN

£12 per person (£6 for under 12)

Tickets are limited, DON'T Miss out!

Pay CASH/Contactless on the day.

Dewch i fwynhau bwyd a chwmni da! Come and join the fun! Everyone is invited!!

MENU: COTTAGE PIE (Beef) or LENTIL COTTAGE PIE (Vegan)

served with MIXED GREENS, CARROTS, CREAMY LEEKS & GRAVY

APPLE CRUMBLE & CUSTARD

Please bring your own wine/beer, soft drinks will be available

Please sign up today (and no later than Sunday 29th September) at the Welcome Desk or email canonpastor@stdavidscathedral.org.uk.

#diolchgarwch #cynhaeaf #parishlife #community

MEDITATION IN THE CHRISTIAN TRADITION - DAY EVENT on Saturday, 28th September at Ty'r'Pererin from 10am to 4pm - All Welcome.

Please join us if you are already a meditator or practice contemplative prayer - or if you are seeking to know more about meditation within the Christian tradition. Facilitated by Don and Jayne MacGregor.

A small donation to cover costs would be welcome. Please contact: Jayne MacGregor on 07491 985180 or email jaynemacgregor@yahoo.co.uk to indicate if you want to come along.

Wednesday Midweek Holy Communion – 10am, Lady Chapel. Intimate, friendly service, followed by hot drinks and biscuits. All Welcome.

Contemplative Prayer - Contemplative Prayer Group meets every week in the Lady Chapel on Thursday mornings at 10 - 11am. All welcome. For further information please contact Jayne MacGregor 07491 985180 / jaynemacgregor@yahoo.co.uk

Flower Guild Needs New Volunteers - The St Davids Cathedral Flower Guild is seeking new volunteers, to help with the flower arranging in the Cathedral. The Flower Guild's work greatly enhances the beauty of our Cathedral, so if you might be interested in helping to arrange flowers throughout the year, then please get in touch! Please contact Moira Philips by emailing flowerguild@stdavidscathedral.org.uk for more details.

Volunteers needed: The Cathedral would love to build up its team of welcomers and sides people. Are you interested in helping? Would you like to talk to someone about it? If yes, have a chat with Moira Phillips or Richard Hayward and they will point you in the right

direction. You don't have to make a weekly commitment – it could be fortnightly or monthly, but we'd love some more hands on deck.

Request for Books - The Cloister Bookstall is in need of book donations. If you have any old books you no longer read, in particular light-reading books such as novels, travel books and biographies, please drop them off at either the Deanery Office or the Vestry, made out to Moira Phillips. Many thanks.

Food Bank - The Cathedral continues to support the local food bank by having a donation point near the shop at the rear of the nave. Any non-perishable food donations are always welcome and special requests will be noted at the donation point. Ian will now collect the Cathedral's contributions regularly once a month. The Cost of Living crisis continues to affect many people, so please give as much as you are able. Many thanks.

BUILDING HEALTHY LIVING SOIL Friday 20th September, 10am-4pm, Ty'r Pererin & Erw Dewi - Neil from Patch of the Planet will be sharing techniques to improve the quality of your soil; the most important element of any garden!

Library

For enquiries email: library@stdavidscathedral.org.uk

CATHEDRAL LIBRARY

The Cathedral Library is open to the public on Fridays and Mondays 2pm to 4pm. No bookings needed. The Library is reached via a spiral medieval stone staircase adjacent to the Shrine of St David in the north presbytery aisle.

CATHEDRAL TREASURY - On public display in the Cathedral Treasury are rare medieval artefacts as well as communion ware from the medieval, Tudor, Stuart and later periods. In the Library cases is one of the Cathedral's copies of the 404-year-old Welsh Bible from 1620 with its original wooden covers. Proceeds from the Donation Box go towards conservation and care of the Cathedral's Collection of Rare Books and artefacts. There are also displays from the Library Collection in the exhibition cases in the north transept.

Cadw Drysau Agored / Open Doors – Sept 21st, 22nd, 29th.

The cathedral is again joining with the Bishops Palace as part of this Europe-wide heritage programme. Throughout September, heritage sites in Wales will be accessible to the public for free. On the weekend of 21st and 22nd September there are a series of special Tours and visits in both the Cathedral and the adjacent medieval Bishops Palace. Details and times can be found online at <https://cadw.gov.wales/open-doors-st-davids-cathedral>. Booking is not required.

On Sunday 29th September both buildings will be marking Michaelmas and the anniversary of Norman King of England Henry II visiting here on pilgrimage in 1171 after the murder of Thomas Becket. A special Choral Evensong will be held, starting in the Cathedral at 4pm and processing to the Bishops Palace.

LIBRARIES WEEK 5th Oct – 11th October

Libraries Week events are being held in the Cathedral between Saturday 5th October and 11th October. A full series of Talks and events are being held in the north transept, cathedral Library and elsewhere. A full programme can be found online at <https://www.stdavidscathedral.org.uk/discover/library> The week starts off on Saturday 5th October with a Study Day, around the cathedral, jointly with the Church Monuments Society and the Stone Forum. Tickets for Libraries Week events can be purchased in the nave shop or reserved by email to Library@StDavidsCathedral.org.uk

“THRICE TO ROME”

During Libraries Week on Thursday 10th October at 7.30pm you can join us for the next performance in this Cathedral of this unique dramatisation. Playing out in his own words, Gerald of Wales’ appeals to the Papal Court In Rome between 1200 and 1203, for recognition of the full metropolitan status of St Davids and his own role as Bishop, or Archbishop. Tickets, £15, available in nave shop. “It has both momentum and intrigue” Church Times.

RARELY SEEN TOURS OF ST DAVIDS CATHEDRAL The next Tour in this series is on **Wednesday 30th October**. 2pm-3.30pm. A special opportunity to view and experience some parts of this very special building that are rarely seen – including surviving medieval paintings; almost mystical acoustic of the prayer niches in St David's shrine; rare surviving carved oak wooden ceilings; walk round the back of the high altar through the 12th century ambulatory with its statue of Gerallt Gymro/Giraldus Cambrensis. Tickets £12 in the Cathedral nave shop.

RECYCLING - Your 21st century printing can support the care of our 16th century printed books in the Cathedral Library, at no cost to you. We receive payments for empty ink jet cartridges that we send to be recycled. There is a green collection box on the window sill in the Cathedral’s north porch, so please bring your ink jet cartridges in and pop them in the box. Many thanks / diolch.

Education & Pilgrimage

For enquiries contact Janet Ingram:
education@stdavidscathedral.org.uk
Tel: 01437 729151

Friday Pilgrimage: 10am-12.30pm Friday 20th September

Visit the birthplace of St. David, hear stories and reflections and view the ancient ruins as you walk a route from the coast path to the Cathedral. This is a short, guided walk (1½ miles) taking the field route to St. Non's Chapel ruins and Holy Well before reaching the Cathedral. Join us at Oriol y Parc Information Centre. We finish our journey at the Cathedral where participants may like to stay for prayers at the Shrine of St David at 12 noon. £5pp can be donated at the cathedral shop at the end of your visit.

Meditation Gathering: A WCCM Wales Area Event Date: Sat 28th Sept, 10am-4pm;

Whether you are a regular meditator or want to know more about how to meditate in the Christian tradition, you are welcome to come along. A donation of £5 would be welcome to help cover costs. To book a place contact jaynemaacgregor@yahoo.co.uk 07491985180.

Thursday 3rd October 10am-4pm Pererindod i'r ymyl Pilgrimage to the Edge

Join us for a journey, with the help of public transport, to four points on the peninsula to hear stories, poems and prayers reflecting the diversity and sanctity of this part of Wales. With views across St Bride's Bay; Porthclais Harbour, across Ramsey Sound and South Bishop lighthouse. £10pp To book or for more information:
pilgrimage@stdavidscathedral.org.uk 01437 729151

Mon 14th - Sat 19th Oct 2024 Encil- Retreat: Gwehyddwyd yn y Dirgel/Woven in Secret

You are invited to a creative meditation of Psalm 139 at a 6-day residential based at St Non's Retreat, organised in collaboration with St Davids Cathedral. The week will include creative workshops, spiritual accompaniment and contemplative practice. Some resources available but bring your favourite items with you. Full Board £600pp.

Fourth Annual Poetry Competition

Journeying has just launched the competition. This year's theme; '*Longing – to go on pilgrimage*'. Poems should be original and unpublished and reach info@journeying.co.uk by email attachment, before midnight (GMT) on Saturday 26th October 2024. Poems may be of any length. Just one entry per person. There is no charge. Copyright remains with the author.

The winning poet will receive the *Winners Commemorative Certificate*, together with £100.00 or ten percent discount on any one of next year's pilgrim-holidays from Journeying. The

winning poem will be announced on December 15th 2024. Link to more information.
<https://www.journeying.co.uk/blog?aid=35212>

In Residence: The Reverend Canon Andrew Loat

15 The Sixteenth Sunday after Trinity

8.00 Holy Eucharist *High Altar*
 9.30 Parish Communion *Lady Chapel*
 Preacher: The Canon in Residence
 11.00 Festal Choral Eucharist *Nave*
Sung by the Cathedral Choir
 Locus iste *Bruckner*
 Psalm: 116
 Messe Solennelle *Langlais*
 Ubi caritas *Duruflé*
 Preacher: The Bishop of St Davids
 Hymns: God is here, 271, 206

Responses: *Radcliffe*

12.45 Holy Baptism *Baptistry*
 4.00 Choral Evensong *with the Licensing of the
 Bishop's Chaplain and Commissioning of
 Diocesan Officers Nave*
Sung by the Cathedral Choir
 One thing have I desired *Sumston*
 Psalm: 119. 73-80
 Collegium Regale *Howells*
 The Spirit of the Lord *Elgar*
 Hymns: 383, Great is thy faithfulness,
 Tyrd, Ysbryd cariad mawr (t.137)

16 Monday

*Ninian (c 430), Bishop of
 Galloway, Apostle of the
 Picts & Missionary*

Responses: *Ayleward*

8.00 Morning Prayer & Holy Eucharist
Lady Chapel

6.00 Choral Evensong *Quire*

Sung by the Cathedral Singers
 Psalm: 47
 Short Service *Gibbons*
 Hear the voice and prayer *Tallis*
 Hymn: 221 (t. 128)

17 Tuesday

Responses: *Tallis*

8.00 Morning Prayer & Holy Eucharist
Holy Trinity Chapel

6.00 Choral Evening Prayer *Quire*

Sung by the Choral Scholars
 Psalm: 50
 O Christ who art the light and day
Fauxbourdons arr. Rainbow
 In God's word will I rejoice *Purcell*

18 Wednesday

8.00 Morning Prayer
St Thomas Becket Chapel
 10.00 Holy Eucharist & Address
Lady Chapel

6.00 Said Evening Prayer *Lady Chapel*

19 Thursday

Responses: *Byrd*

8.00 Morning Prayer & Holy Eucharist
Holy Trinity Chapel
 10.00 Contemplative Prayer *Lady Chapel*

6.00 Choral Evensong *Quire*
Sung by the Cathedral Choir
 Psalm: 62
Wood in E flat No. 2
 Like as the hart *Howells*
 Hymn: 377

20 Friday

*Saints, Martyrs &
 Missionaries of
 Australasia*

Responses: *Cleobury*

8.00 Morning Prayer & Holy Eucharist
Lady Chapel
 12.00 Pilgrim Prayers at the Shrine of St David

6.00 Choral Evensong *Quire*
Sung by the Vicars Choral & Choral Scholars
 Psalm: 34
 Magnificat *Primi Toni Lobo*
 Nunc dimittis *Viadana*
 Holy is the true light *Harris*
 Hymn: 189 (t. 390)

21 Saturday

*MATTHEW,
 APOSTLE & EVANGELIST*

8.00 Morning Prayer & Holy Eucharist
Quire & High Altar

6.00 Said Evening Prayer *Lady Chapel*

22 The Seventeenth Sunday after Trinity

Responses: *Byrd*

8.00 Holy Eucharist *High Altar*
 9.30 Cymun y Plwyf *Capel Mair*
 Pregethwr: Y Gwir Parchedig Wyn Evans
 11.00 Mayoral Civic Service *Nave*
Sung by the Cathedral Choir
 Psalm: 122
 Te Deum in B flat *Stanford*
 O Ddewi sanctaidd *Wynn Jones*
 Preacher: The Precentor
 Hymns: Calon Lan, When I needed a
 neighbour, Brother, sister, let me serve you

4.00 Choral Evensong *Nave*
Sung by the Cathedral Choir
 If ye love me *Tallis*
 Psalm: 119. 137-144
 Sixth Service *Weelkes*
 Teach me O Lord *Byrd*
 Preacher: The Precentor
 Hymns: 420, 200

Sarah Rowland Jones *Dean* | Leigh Richardson *Precentor* | Sheridan Angharad James *Canon Pastor*
 Simon Pearce *Organist and Master of the Choristers* | Chris Crooks *Dean's Verger* | Laurence John *Assistant Director of Music*