



EGLWYS GADEIRIOL TYDDEWI  

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ST DAVIDS CATHEDRAL

*Croesawu ymwelwyr fel pererinion*  
*Welcoming Visitors as Pilgrims*

**CYLCHLYTHYR WYTHNOSOL**  
**20 - 27 Gorffennaf 2025**

**WEEKLY NEWSLETTER**  
**20 - 27 July 2025**

**GWASANAETHAU Y SUL** *o dudalen 4*  
*Y Pumed Sul wedi'r Drindod*

**SUNDAY SERVICES** *from page 4*  
*The Fifth Sunday after Trinity*

# CROESO I EGLWYS GADEIRIOL TYDDEWI WELCOME TO ST DAVIDS CATHEDRAL

Worship has been offered on this site since Dewi founded his monastery almost 1500 years ago. Today, you stand as thousands have before where our Patron Saint once stood, a place of deep significance to pilgrims and parish alike. We very much hope you can share in the beauty of this place, whether that be through participating in worship, listening to the wonderful sounds of our choirs and organ, or simply allowing the splendour of the building to wash over you as you walk around.

## PASTORAL SUPPORT

We are a place of worship, and therefore a place where all can come for support and guidance, regardless of one's faith. The Cathedral Clergy are always pleased to provide pastoral support and advice to people whenever they can.

If you require a pastoral visit, please speak directly to a member of the clergy, or one of the Cathedral Chaplains on duty; however, all clergy can be contacted via the Cathedral office on 01437 720202 or via email [info@stdavidscathedral.org.uk](mailto:info@stdavidscathedral.org.uk)

***Urgent Support:*** If you are worried about someone and you think that they require pastoral care, please speak to Canon Sheridan or any of the other clergy and/or email [canonpastor@stdavidscathedral.org.uk](mailto:canonpastor@stdavidscathedral.org.uk). Please don't assume that we are already aware of the situation – even in a small community people can get missed – so please do let us know.

## SAFEGUARDING

If you have any concerns about the safety or care of anyone at the Cathedral, please contact Colin Taylor, Provincial Safeguarding Officer for the Diocese on 07956 790330. You can also make an online report through the Safeguarding section of the Church in Wales' website. Judith Leigh, Chief Operating Officer at the Cathedral, can provide general advice: email [judith@stdavidscathedral.org.uk](mailto:judith@stdavidscathedral.org.uk)

## ACCESSIBILITY



A hearing loop is installed in the Nave and Quire – please switch your hearing aid to the T position



A larger print version of this leaflet is available – please ask

# CEFNOGAETH/SUPPORT

Every year, the Cathedral has to find £1M to look after the Cathedral and its grounds and offer the level of excellence and beauty that makes it such a well-loved and cherished place. We rely heavily on donations, and every pound really counts.

## *How you can support our work:*

- 1 Scan the QR code to make a donation on your phone.  
Please tick the GiftAid box if you are a UK taxpayer.
- 2 Tap the contactless donation point at the Welcome Desk, using your card or phone. Our welcomers will be able to assist you.
- 3 Cash or cheque donations can be placed in the donation box by the Welcome Desk. Please use the GiftAid envelopes provided.
- 4 Contact us on 01437 720202 or email [info@stdavidscathedral.org.uk](mailto:info@stdavidscathedral.org.uk) for a discussion in confidence if you are interested in leaving the Cathedral a legacy in your will.



By making a donation today, you are helping to safeguard this place of worship and pilgrimage for the next generation.  
Diolch yn Fawr - Thank You.

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## Dydd Sul 20 Gorffennaf – Y Pumed Sul wedi'r Drindod Sunday 20 July – The Fifth Sunday after Trinity

- |       |   |
|-------|---|
| 8.00  | <b>Holy Eucharist</b> <i>High Altar</i>   |
| 9.30  | <b>Parish Communion</b> <i>Lady Chapel</i><br><i>Preacher: The Canon Pastor</i>   |
| 11.00 | <b>Choral Eucharist</b> <i>Nave</i><br><i>Preacher: The Canon in Residence</i>  |
| 4.00  | <b>Choral Evensong</b> <i>Nave</i><br><i>Preacher: The Dean</i><br><i>Readings: Genesis 41. 1-16, 25-37 &amp; 1 Corinthians 4. 8-13</i> |

# COLLECTS, HYMNS AND READINGS FOR THE EUCHARIST

**Introit:** Author of life divine *Rhosymedre*

**Mass setting:** Missa Brevis *Grayston Ives* (b 1948)

## Processional Hymn

Jesu, Lover of my soul,  
Let me to thy bosom fly,  
While the nearer waters roll,  
While the tempest still is high:  
Hide me, O my Saviour, hide  
Till the storm of life is past;  
Safe into the haven guide,  
O receive my soul at last.

2 Other refuge have I none,  
Hangs my helpless soul on thee;  
Leave, ah, leave me not alone,  
Still support and comfort me.  
All my trust on thee is stayed,  
All my help from thee I bring;  
Cover my defenceless head  
With the shadow of thy wing.

3 Thou, O Christ, art all I want,  
More than all in thee I find:  
Raise the fallen, cheer the faint,  
Heal the sick, and lead the blind.  
Just and holy is thy name,  
I am all unrighteousness;  
False and full of sin I am,  
Thou art full of truth and grace.

4 Plenteous grace with thee is found,  
Grace to cover all my sin;  
Let the healing streams abound,  
Make and keep me pure within.  
Thou of life the fountain art,  
Freely let me take of thee,  
Spring thou up within my heart,  
Rise to all eternity.

Charles Wesley (1707-88)

Aberystwyth  
Joseph Parry (1841-1903)

## Collect

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## Colect

Hollalluog a thragwyddol Dduw, sydd trwy dy Ysbryd yn llywodraethu ac yn sancteiddio holl gorff yr Eglwys, gwranddo ein gweddi a offrymwn dros dy holl bobl ffyddlon, iddynt allu dy wasanaethu mewn sancteiddrwydd a gwirionedd yn eu galwedigaeth a'u gweinidogaeth er gogoniant i'th enw; trwy ein Harglwydd a'n Hiachawdwr Iesu Grist, sy'n fyw ac yn teyrnasu gyda thi a'r Ysbryd Glân, yn un Duw, yn awr ac am byth. **Amen.**

## **Genesis 18. 1-10a**

The Lord appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. He said, 'My lord, if I find favour with you, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree. Let me bring a little bread, that you may refresh yourselves, and after that you may pass on—since you have come to your servant.' So they said, 'Do as you have said.' And Abraham hastened into the tent to Sarah, and said, 'Make ready quickly three measures of choice flour, knead it, and make cakes.' Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate. They said to him, 'Where is your wife Sarah?' And he said, 'There, in the tent.' Then one said, 'I will surely return to you in due season, and your wife Sarah shall have a son.'

## **Genesis 18. 1-10a**

Ymddangosodd yr Arglwydd i Abraham wrth dderw Mamre, pan oedd yn eistedd wrth ddrws y babell yng ngwres y dydd. Cododd ei olwg a gwelodd dri gŵr yn sefyll o'i flaen. Pan welodd hwy, rhedodd o ddrws y babell i'w cyfarfod, ac ymgrymu i'r llawr, a dweud, "F'arglwydd, os cefais ffafr yn d'olwg, paid â mynd heibio i'th was. Dyger ychydig ddŵr, a golchwch eich traed a gorffwyso dan y goeden, a dof finnau â thamaid o fara i'ch cynnal, ac wedyn cewch fynd ymaith; dyna pam yr ydych wedi dod at eich gwas." Ac meddant, "Gwna fel y dywedaist." Brysiodd Abraham i'r babell at Sara, a dweud, "Brysia i estyn tri mesur o flawd peilliaid, tylina ef, a gwna deisennau." Yna rhedodd Abraham at y gwartheg, a chymryd llo tyner a da a'i roi i'w was; a brysiodd yntau i'w baratoi. Cymerodd gaws a llaeth a'r llo yr oedd wedi ei baratoi, a'u gosod o'u blaenau; yna safodd gerllaw o dan y goeden tra oeddent yn bwyta. Gofynasant iddo, "Ble mae dy wraig Sara?" Atebodd yntau, "Dyna hi yn y babell." Yna dywedodd yr Arglwydd, "Dof yn ôl atat yn sicr yn nhymor y gwanwyn, a chaiff Sara dy wraig fab."

## Responsorial Psalm

*Choir:* O Lord, who may dwell in your tabernacle?

*All:*



*Choir:* Lord, who may dwell in your tabernacle? Who may rest upon your holy hill?  
Whoever leads an uncorrupt life and does the thing that is right;

*All:* **O Lord, who may dwell in your tabernacle?**

*Choir:* Who speaks the truth from the heart and bears no deceit on the tongue; Who does no evil to a friend and pours no scorn on a neighbour;

*All:* **O Lord, who may dwell in your tabernacle?**

*Choir:* In whose sight the wicked are not esteemed, but who honours those who fear the Lord. Whoever has sworn to a neighbour and never goes back on that word;

*All:* **O Lord, who may dwell in your tabernacle?**

*Choir:* Who does not lend money in hope of gain, nor takes a bribe against the innocent; Whoever does these things shall never fall.

*All:* **O Lord, who may dwell in your tabernacle?**

## Colossians 1. 15-28

He is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers - all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross. And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him - provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel. I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church. I became its servant according to God's commission that was given to me for you, to make the word of God fully known, the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he

whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

### **Colosiaid 1. 15-28**

Hwn yw delw'r Duw anweledig, cyntafanedig yr holl greadigaeth; oherwydd ynddo ef y crewyd pob peth yn y nefoedd ac ar y ddaear, pethau gweledig a phethau anweledig, gorseddau, arglwyddiaethau, tywysogaethau ac awdurdodau. Trwyddo ef ac er ei fwyn ef y mae pob peth wedi ei greu. Y mae ef yn bod cyn pob peth, ac ynddo ef y mae pob peth yn cydsefyll. Ef hefyd yw pen y corff, sef yr eglwys. Ef yw'r dechrau, y cyntafanedig o blith y meirw, i fod ei hun yn gyntaf ym mhob peth. Oherwydd gwelodd Duw yn dda i'w holl gyflawnder breswyllo ynddo ef, a thrwyddo ef, ar ôl gwneud heddwch trwy ei waed ar y groes, i gymodi pob peth ag ef ei hun, y pethau sydd ar y ddaear a'r pethau sydd yn y nefoedd. Yr oeddech chwithau ar un adeg wedi ymddieithrio, ac yn elyniaethus eich meddwl, a'ch gweithredoedd yn ddrwg. Ond yn awr fe'ch cymododd, yng nghorff ei gnawd trwy ei farwolaeth, i'ch cyflwyno'n sanctaidd a di-fai a di-feffl ger ei fron. Ond y mae'n rhaid ichwi barhau yn eich ffydd, yn gadarn a diysgog, a pheidio â symud oddi wrth obaith yr Efengyl a glywsoch. Dyma'r Efengyl a bregethwyd ym mhob rhan o'r greadigaeth dan y nef, a'r Efengyl y deuthum i, Paul, yn weinidog iddi. Yr wyf yn awr yn llawen yn fy nioddefiadau drosoch, ac yn cwblhau yn fy nghnawd yr hyn sy'n ôl o gystuddiau Crist, er mwyn ei gorff, sef yr eglwys. Fe ddeuthum i yn weinidog i'r eglwys yn ôl yr oruchwyliaeth a roddodd Duw i mi er eich mwyn chwi, i gyhoeddi gair Duw yn ei gyflawnder, sef y dirgelwch a fu'n guddiedig ers oesoedd ac ers cenedlaethau, ond sydd yn awr wedi ei amlygu i'w saint. Ewyllysiodd Duw hysbysu iddynt hwy beth yw cyfoeth gogoniant y dirgelwch hwn ymhlith y Cenhedloedd. Dyma'r dirgelwch: Crist ynoch chwi, gobaith y gogoniant. Ei gyhoeddi ef yr ydym ni, gan rybuddio pawb, a dysgu pawb ym mhob doethineb, er mwyn cyflwyno pob un yn gyflawn yng Nghrist.

### **Psalm 15 (for 8am & 9.30am Eucharist)**

Lord, who may dwell in your tabernacle?: Who may rest upon your holy hill?  
Whoever leads an uncorrupt life: and does the thing that is right;  
Who speaks the truth from the heart: and bears no deceit on the tongue;  
Who does no evil to a friend: and pours no scorn on a neighbour;  
In whose sight the wicked are not esteemed: but who honours those who fear the Lord.  
Whoever has sworn to a neighbour: and never goes back on that word;  
Who does not lend money in hope of gain, nor takes a bribe against the innocent:  
Whoever does these things shall never fall.

### **Salm 15**

Arglwydd, pwy a gaiff aros yn dy babel: Pwy a gaiff fyw yn dy fynydd sanctaidd?  
Yr un sy'n byw yn gywir: yn gwneud cyfiawnder, ac yn dweud gwir yn ei galon;  
Un nad oes malais ar ei dafod nad yw'n gwneud niwed i'w gyfaill:

nac yn goddef enllib am ei gymydog;

Un sy'n edrych yn ddirmygus ar yr ysgymun ond yn parchu'r rhai sy'n ofni'r Arglwydd:

un sy'n tyngu i'w niwed ei hun a heb dynnu'n ôl;

Un nad yw'n rhoi ei arian am log, nac yn derbyn cil-dwrn yn erbyn y diniwed: Pwy

bynrag a wna hyn nis symudir byth.

### **Luke 10. 38-42**

Now as they went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, 'Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me.' But the Lord answered her, 'Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her.'

### **Luc 10. 38-42**

Pan oeddent ar daith, aeth Iesu i mewn i bentref, a chroesawyd ef i'w chartref gan wraig o'r enw Martha. Yr oedd ganddi hi chwaer a elwid Mair; eisteddodd hi wrth draed yr Arglwydd a gwranddo ar ei air. Ond yr oedd Martha mewn dryswch oherwydd yr holl waith gweini, a daeth ato a dweud, "Arglwydd, a wyt ti heb hidio dim fod fy chwaer wedi fy ngadael i weini ar fy mhen fy hun? Dywed wrthi, felly, am fy nghynorthwyo." Atebodd yr Arglwydd hi, "Martha, Martha, yr wyt yn pryderu ac yn trafferthu am lawer o bethau, ond un peth sy'n angenrheidiol. Y mae Mair wedi dewis y rhan orau, ac nis dygir oddi arni."

### **Offertory Hymn**

1 God is here! As we your people  
meet to offer praise and prayer,  
may we find in fuller measure  
what it is in Christ we share.  
Here, as in the world around us,  
all our varied skills and arts  
wait the coming of the Spirit  
into open minds and hearts.

2 Here are symbols to remind us  
of our lifelong need of grace.  
Here are table, font, and pulpit;  
here the cross has central place.  
Here, in honesty of preaching,  
here, in silence, as in speech,  
here, in newness and renewal,  
God the Spirit comes to each.

3 Here our children find a welcome  
in the Shepherd's flock and fold;  
here, as bread and wine are taken,  
Christ sustains us as of old.  
Here the servants of the Servant  
seek in worship to explore  
what it means in daily living  
to believe and to adore.

4 Lord of all, of Church and kingdom,  
in an age of change and doubt,  
keep us faithful to the gospel;  
help us work your purpose out.  
Here, in this day's dedication,  
all we have to give, receive;  
we, who cannot live without you,  
we adore you! We believe!

Fred Pratt Green (1903-2000)

ABBOT'S LEIGH  
Cyril Taylor (1907-91)

**Communion Motet:** *A Gaelic Blessing John Rutter (b 1945)*

Deep peace of the running wave to you. Deep peace of the flowing air to you. Deep peace of the quiet earth to you. Deep peace of the shining stars to you. Deep peace of the gentle night to you. Moon and stars pour their healing light on you. Deep peace of Christ the light of the world to you. Deep peace of Christ to you.

**Recessional Hymn**

1 O Jesus, I have promised  
To serve thee to the end;  
Be thou for ever near me,  
My Master and my Friend;  
I shall not fear the battle  
If thou art by my side,  
Nor wander from the pathway  
If thou wilt be my guide.

2 O let me hear thee speaking  
In accents clear and still,  
Above the storms of passion,  
The murmurs of self-will;  
O speak to reassure me,  
To hasten or control;  
O speak, and make me listen,  
Thou guardian of my soul.

3 O Jesus, thou hast promised  
To all who follow thee,  
That where thou art in glory  
There shall thy servant be;  
And Jesus, I have promised  
To serve Thee to the end;  
O give me grace to follow,  
My Master and my Friend.

4 O let me see thy footmarks,  
And in them plant mine own;  
My hope to follow duly  
Is in thy strength alone;  
O guide me, call me, draw me,  
Uphold me to the end;  
And then in heaven receive me,  
My Saviour and my Friend.

WOLVERCOTE

John Bode (1816-74)

William H. Ferguson (1874-1950)

### **Psalm for Evensong: Psalm 81**

Sing ye merrily unto God our strength: raise a cheerful shout unto the God of Jacob.  
Take the psaltery, bring hither the timbrel: the merry harp with the lute.  
Blow the trumpet in the new moon: and at the full moon on our solemn feast-day.  
For this was made a statute for Israel: and a law of the God of Jacob.  
This he laid upon Joseph for a testimony: when he came out of the land of Egypt.  
'I eased his shoulder from the burden:  
and his hands were set free from bearing the load.  
'Thou calledst upon me in trouble, and I delivered thee:  
I answered thee in the thunder-cloud, but put thee to the test at the waters of Meribah.  
'Hear O my people, and I will admonish thee: O Israel, if thou wilt hearken unto me,  
'There shall no strange god be in thee: neither shalt thou worship any other god.  
'I am the Lord thy God, who brought thee out of the land of Egypt:  
open thy mouth wide and I shall fill it.  
'But my people would not hear my voice: and Israel would not obey me.  
'So I let them go in the stubbornness of their heart:  
that they might follow their own devices.  
'O that my people would hearken unto me: and that Israel would walk in my ways.  
'I would soon put down their enemies: and turn my hand against their adversaries.  
'The haters of the Lord would humble themselves before him:

and their punishment would endure for ever.

'But Israel would I feed with the finest wheat-flour:

and with honey out of the stony rock would I satisfy him.

**Stand:** Glory be to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now and ever shall be; world without end, Amen.

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## CATHEDRAL NOTICES

### Parish & Community Life

#### **Erw Dewi/Dewi's Acre Cathedral Community Garden**

Many of our pilgrims have been visiting the garden in recent days. They are all enthralled by the peacefulness of the place. Do come and join us at our volunteer sessions, our next one is on Wed 23rd Jul, between 10am-12pm. You will find us behind the Cathedral in The Close. Email: [pilgrimage@stdavidscathedral.org.uk](mailto:pilgrimage@stdavidscathedral.org.uk)

#### **Community Tea & Chat Wed 23rd July; 3-4.30pm**

Time to meet up during the week for chat and a cuppa. There's a relaxed atmosphere, do come and join us. We meet at Tŷ'r Pererin and everyone is welcome.

**William Morgan Bible on S4C:** On Tuesday, July 1st on S4C's magazine programme, *Heno*, there was an informative item about the special bible on display at the Cathedral this month. Featuring contributions from Mari James, Library Development Officer, Canon Sheridan James and Bishop Dorrien. It will be available on BBC iPlayer for a month. Subtitles are available for those who don't speak Welsh. The item starts at 11 mins and 42 secs into the programme.

**Flower Guild Needs New Volunteers** - The St Davids Cathedral Flower Guild is seeking new volunteers, to help with the flower arranging in the Cathedral. The Flower Guild's work greatly enhances the beauty of our Cathedral, so if you might be interested in helping to arrange flowers throughout the year, then please get in touch! Please contact Moira Philips by emailing [flowerguild@stdavidscathedral.org.uk](mailto:flowerguild@stdavidscathedral.org.uk) for more details.

**Volunteers needed:** The Cathedral would love to build up its team of welcomers and sides people. Are you interested in helping? Would you like to talk to someone about it? If yes, have a chat with Moira Phillips or Richard Hayward and they will point you in the right

direction. You don't have to make a weekly commitment – it could be fortnightly or monthly, but we'd love some more hands on deck.

**Food Bank** - The Cathedral continues to support a local Food Bank by having a donation point at the rear of the Nave , by the shop. Any non-perishable food donations gratefully accepted, plus shower gels, shampoo etc. always welcome. Special requests will be highlighted at the collection point. Thank you.

## **Library**

**For enquiries email: [library@stdavidscathedral.org.uk](mailto:library@stdavidscathedral.org.uk)**

**Cathedral Library** - The Cathedral Library is normally open to the public on Fridays and Mondays 2pm to 4pm. No bookings needed. The Library is reached via a spiral medieval stone staircase adjacent to the Shrine of St David in the north presbytery aisle. On display are working books from the cathedral over the last 500 years; including Bible in various languages, Prayer Books, Visitors Books, drawings, plans and more.

### **Display of rare early Bibles in Welsh and Irish**

In the north transept there is an exhibition of rare early Bibles in Welsh, Irish, German and English rare early Bibles that were part of a recent Cathedral Libraries conference in the Cathedral. In the Cathedral Treasury, on public display for the first time in Wales, is the first Bible printed in Welsh – in 1588 – and loaned to the Cathedral by Westminster Abbey Library (as shown on the back page of the newsletter). No booking is needed to view this remarkable Bible. A hand written witness statement can clearly be seen on the open frontispiece attesting to the gift of the book to Westminster Abbey Library by William Morgan in 1588. The Treasury exhibition is open 7 days a week, including Sundays. Donations towards the costs of further research on this exceptional volume, can be made in the Treasury donation boxes.

### **Talks on 1588 William Morgan Bible**

Further information on the early Welsh Bibles, especially the 1588 on loan from Westminster Abbey, is available in a series of special Talks on 1588 William Morgan Bible Talks on the 1588 William Morgan Beibl, currently on loan to St Davids Cathedral from Westminster Abbey, are being held in July. The Talks are being held in the St Thomas Becket Chapel off the north transept. After the Talk the Bible itself can be viewed in the public display cases in the Cathedral Treasury. The Talks will be held on: **MONDAY 21ST JULY. 11AM-11.30AM.** and **WEDNESDAY 23RD JULY. 2PM-2.30PM.** Tickets at £7.50 each can be booked online at [www.StDavidsCathedral.org.uk/discover/library](http://www.StDavidsCathedral.org.uk/discover/library) or in the Cathedral nave shop.

**Recycling** - Many thanks to all our anonymous supporters who have been giving us their empty ink jet cartridges. Your 21st century printing can support the care of our 16th century printed books in the Cathedral Library, at no cost to you. We receive payments for empty ink jet cartridges that we send to be recycled. There is a green collection box on the window sill in the Cathedral's north porch, so please bring your ink jet cartridges in and pop them in the box. Many thanks / diolch.

## Education & Pilgrimage

For enquiries contact Janet Ingram: [education@stdavidscathedral.org.uk](mailto:education@stdavidscathedral.org.uk)

Tel: 01437 729151

### **Friday Pilgrimage: every Friday until 31<sup>st</sup> October 10am-12.30pm**

Visit the birthplace of St. David, hear stories and reflections and view the ancient ruins as you walk a route from the coast path to the Cathedral. This is a short, guided walk (1½ miles) taking the field route to St. Non's Chapel ruins and Holy Well before reaching the Cathedral. Join us at Oriel y Parc Information Centre. We finish our journey at the Cathedral where participants may like to stay for prayers at the Shrine of St David at 12 noon, followed by a pilgrim's lunch at the Refectory. *£5 on the day*

**Pop-up Family Activities Throughout the Summer 11-12.30 & 1.30-3pm** A range of activities which will vary each week, from an interactive cathedral trail suitable for children aged 5-11 with their families. (Bookable - £10 per family) to drop-in 'make and take.'

### **Philosophy in the Wild for Families Tues 22<sup>nd</sup> July 3-4pm**

Philosophy and Crafts at Erw Dewi. Come and enjoy some time in the garden with the birds, butterflies & bugs and make and take a listening scroll with the help of those around you – including those that live in the garden. Session led by Philosopher and Teacher, Dr Beth Mackintosh and the Pilgrimage Team. A FREE event, but you must register to secure your place [pilgrimage@stdavidscathedral.org.uk](mailto:pilgrimage@stdavidscathedral.org.uk) Recommended ages: ages 4-11

### **Philosophy in the Wild – The Philosophy of Listening and Quiet Reflection Session:**

*Thursday 24<sup>th</sup> July, 2.30-4pm*

This is part of the Quiet Garden series in Erw Dewi/ Dewi's Acre, a unique opportunity for peace, quiet and to explore powerful new ways to listen. This FREE session led by Philosopher and Educator Dr Beth Mackintosh & the Cathedral Pilgrimage Team. Register to secure your place [pilgrimage@stdavidscathedral.org.uk](mailto:pilgrimage@stdavidscathedral.org.uk)

**Ffordd Pererindod Dewi Sant Way of St David Pilgrimage Sunday 27<sup>th</sup> July; 1-4pm**

Join us for a special short pilgrimage from Fynnon Dewi/St David's Holy Well, Porthclais, along the coast. We will join pilgrims walking the last leg of the 100km Way of St David to the cathedral, stopping at St Non's Holy Well, where there will be a blessing. Continue the celebration with Choral Evensong followed by refreshments in the Cloisters and chance to learn more about the Wexford-Pembrokeshire-Pilgrim-Way.

Contact us for joining instructions [pilgrimage@stdavidscathedral.org.uk](mailto:pilgrimage@stdavidscathedral.org.uk)

### **Artists in Residence *Tues 12<sup>th</sup> – Thurs 14<sup>th</sup> August***

Jake and Gillian Lever are our Artists in Residence in August.

Jake Lever is an experienced art educator and part-time Assistant Professor at Warwick University. He has been exhibiting his work nationally. Jake is 'interested in the power of visual art to draw us into an encounter with the sacred.' In 2021, inspired by St David who urged his followers to, "Be joyful, keep the faith and do the little things." Jake created an installation of small boats, for the Chapel of Gethsemane at Coventry Cathedral.

Gillian Lever studied Fine Art before qualifying as an Art Therapist at Hertfordshire University. She has exhibited widely and has practiced Art Therapy and Art for Wellbeing for over thirty years. In 2016 Gillian completed the ecumenical training course in Spiritual Accompaniment for lay and ordained Christians. Alongside her practice as a painter Gillian is enjoying exploring new ways to creatively and spiritually journey with others. Join one or all of the events. Contact us for more details and to make a booking.

### **Reflections on Art and Pilgrimage *Tues 12<sup>th</sup> August 2-3.15 pm (FREE)***

An illustrated talk, by artist Jake Lever, about his own art practice, relating it to the theme of pilgrimage and to the Cathedral. There will be an opportunity to visit the Library, Treasury & Quire to view pilgrimage artefacts & the art installation.

### **Make your own Pilgrimage Badge *Wed 13<sup>th</sup> Aug 11am-1pm & 2-4pm (Donation £1)***

Inspired by the medieval pilgrimage tradition of badge wearing, design your own pilgrim badge. Craft materials & equipment provided. Suitable for all ages.

### **Soul Boats Quiet Afternoon *Thursday 14 August 2-5pm (£10)***

A gentle art workshop for adults, offering the opportunity to reflect upon life's journey through the making of a small boat. We will be working with paper, collage and paint, creating a personalised vessel to take away.

# INTERSTELLAR 10

Soundtrack composed by Hans Zimmer  
Performed by original organist Roger Sayer

**Saturday 23rd August, 8.00pm**

Tickets: £15 (plus booking fee) U18s go free

Join us for an organ recital like no other!

Roger Sayer, organist on the Interstellar soundtrack presents the original score from Christopher Nolan's legendary 2014 film, alongside other epic music for organ. Hear iconic pieces such as Cornfield Chase, played in the original form by the organist for the film itself!

**This is a must-see concert, get your tickets now!**



EGLWYS GADEIRIOL TYDDEWI  
ST DAVIDS CATHEDRAL



Scan here for ticket information or  
by calling 01437 722002 Tuesday - Friday.

## In Residence: The Reverend Canon Julian Smith

### 13 The Fourth Sunday after Trinity

8.00 Holy Eucharist *High Altar*  
 9.30 Parish Communion *Lady Chapel*  
 Preacher: The Canon Pastor  
 11.00 Sea Sunday Service *Nave*  
*Sung by the Cathedral Choir*  
 They that go down to the sea in ships *Sumsion*  
 Ave maris stella *Grieg*  
 Jubilate in F *Ireland*  
 Preacher: The Lord Bishop  
 Hymns: *See order of service*

4.00 Choral Evensong with Valediction and  
 Farewell to Choristers *Nave*  
*Sung by the Cathedral Choir &*  
*Cathedral Singers*  
*Abendlied Rheinberger*  
 Psalm: 77. 1-12  
*Stanford in A*  
 Hear my words, ye people *Parry*  
 Preacher: The Precentor  
 Hymns: 336, 394, 373 (Coe Fen)

Responses: *Radcliffe*

### 14 Monday

*John Keble (1886),  
 Priest, Poet and  
 Teacher of the Faith*

8.00 Morning Prayer & Holy Eucharist  
*Lady Chapel*

6.00 Said Evening Prayer *Lady Chapel*

### 15 Tuesday

8.00 Morning Prayer & Holy Eucharist  
*Holy Trinity Chapel*

6.00 Said Evening Prayer *Lady Chapel*  
 6.30 ABRSM High Achievers' Concert *Nave*  
*Tickets £10 on the door*

*Services are sung by the Boy Choristers of Durham Cathedral*

### 16 Wednesday

8.00 Morning Prayer *St Thomas Becket Chapel*  
 10.00 Holy Eucharist & Address *Lady Chapel*

6.00 Choral Evensong *Quire*  
 Psalm: 91  
*Dyson in C minor*  
 A song of wisdom *Stanford*  
 Hymn: 239  
 7.30 Summer Concert Series:  
 Battle of the Basses! *Nave*  
*Tickets £10 on the door*

Responses: *Plainsong*

### 17 Thursday

8.00 Morning Prayer & Holy Eucharist  
*Holy Trinity Chapel*  
 10.00 Contemplative Prayer *Lady Chapel*

6.00 Choral Evensong *Quire*  
 Psalm: 94  
*First Service Halls*  
 King of glory *Harris*  
 Hymn: 360

Responses: *Plainsong*

### 18 Friday

*Elizabeth of Russia  
 (1918), Religious and  
 Martyr*

8.00 Morning Prayer & Holy Eucharist  
*Lady Chapel*  
 9.30 Ysgol Penrhyn Dewi End of Year Service  
*Nave*  
 12.00 Pilgrim Prayers at the Shrine of St David

6.00 Said Evening Prayer *Lady Chapel*  
 7.30 Fishguard Festival of Music: Orchestra  
 of the Welsh National Opera *Nave*

### 19 Saturday

*Gregory (c394),  
 Bishop of Nyssa and his  
 sister Macrina (c379),  
 Teachers of the Faith*

8.00 Morning Prayer & Holy Eucharist  
*St Thomas Becket Chapel*  
 12.00 Wedding *Nave*

6.00 Hwyrrol Weddi - Said Evening Prayer  
*Lady Chapel*  
 7.30 Concert: Only Boys Aloud Academi,  
 Jessica Robinson *Nave*

### 20 The Fifth Sunday after Trinity

8.00 Holy Eucharist *High Altar*  
 9.30 Parish Communion *Lady Chapel*  
 Preacher: The Canon Pastor  
 11.00 Choral Eucharist *Nave*  
*Sung by Vox Angelica*  
 Author of life divine *Rhosymedre*  
 Psalm: 15  
 Missa Brevis *Ives*  
 A Gaelic Blessing *Rutter*  
 Preacher: The Canon in Residence  
 Hymns: 383iii, God is here, 420

4.00 Choral Evensong *Nave*  
*Sung by Vox Angelica*  
 Before the ending of the day *Plainsong*  
 Psalm: 81  
*Sumsion in G*  
 Day by day *How*  
 Preacher: The Dean  
 Hymns: 332 (omit \*), 245, 376

Responses: *Archer Set 1*

Sarah Rowland Jones *Dean* | Leigh Richardson *Precentor* | Sheridan Angharad James *Canon Pastor*  
 Simon Pearce *Organist and Master of the Choristers* | Chris Crooks *Dean's Verger* | Laurence John *Assistant Director of Music*